



# ST JOHN'S NEWS

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## PRINCIPAL NEWS

Dear Parents,

We are now at the half way point of Term Two.

The teachers have begun working on your child's mid-year report. The reports will be sent home by June 25<sup>th</sup> via email. As teachers have already held goal setting meetings at the end of Term One, interviews for mid-year reports will be optional for parents. I have therefore asked the teachers to communicate arrangements for any parent wishing to meet about their child's report via class note which will be sent home using the email system. We will not be using a booking system as has been the case in previous years. Having said all of that, parents do not have to wait for end of term or for a report to come home to make a time to talk with their child's teacher about progress or about issues that may arise. Our teachers understand the importance of partnering with parents and are happy to arrange a meeting if the need arises at other times.

Last night our Year Five and Six students hosted '**Night of the Notables**' for parents and guests. Each of the children presented their research on a notable Australian figure. They came dressed as that person and set up a small stall of knowledge to showcase their research to our guests. It was fantastic to see the clever ways the children used to present their work and to engage the audience. It was also clear that many of our families trusted some special historical items to their children for the evening such as an Olympic Torch, a booklet from Kerry Packer's funeral, a genuine world war two helmet along with special photos and other items. These things add to the special feel of the evening and they honour the effort put into preparing for the evening by the children and their teachers.

Events like the one above can be good conversation starters at home. They can provide opportunities to nurture communication at home. Below is a link to a Michael Grose article deals with the topic of family communication offering practical ideas and tips to enhancing it at home for parents.

The article is entitled '*Talking to kids makes them smart*'; I hope you enjoy reading it:

<https://drive.google.com/file/d/1j-AoTe7QIWjZoPfay06-nxHwbF7RWpll/view?usp=sharing>

Our thanks to parents who have attended our Mathematics workshops during the past week. A third workshop will be conducted this Friday straight after morning assembly in the library. As a result of feedback from our workshop attendees, Ms Cahill will be running a series of follow up sessions with parents. The sessions will be open ended and less formal, inviting parents to ask questions and have their wonderings about learning Maths answered. Keep your eye on the newsletter for more information about these meetings.

Sincerely

Mark Bateman – Principal

## PARKING ISSUES, ACTION TAKEN:

Unfortunately, we continue to experience drop off and pick up issues in Waratah Parade and in Alfred Street. If our procedures are followed as described, there should not be any problem. **I advise that council rangers have been asked to support us in enlisting community cooperation.**

## MESSAGES TO CHILDREN:

We request that messages to children, especially in relation to pick up in the afternoons be communicated to the office by 2:30pm at the latest unless there is an emergency situation. We have been experiencing a high volume of requests to relay messages very close to bell time which is the busiest part of the day.

## KINDER ENROLMENTS FOR 2019

All enrolments for Kindergarten 2019 should be submitted by the end of Term 2. We ask any siblings enrolling to submit applications as soon as possible so that we can determine the number of places available for 2019.

If you had friends or family attend our Open Mornings or Evenings earlier this term, remind them to get their enrolment applications in before the end of Term. Enrolment information can be found on our school website. Enrolments remain open throughout the year for other grades.

## DIARY

<b>Week 6 Term 2</b> <b>Mon 4 June</b>	<b>Week 6 Term 2</b> <b>Tues 5 June</b>	<b>Week 6 Term 2</b> <b>Wed 6 June</b>	<b>Week 6 Term 2</b> <b>Thurs 7 June</b>	<b>Week 6 Term 2</b> <b>Fri 8 June</b>	<b>Week 6 Term 2</b> <b>Sat/Sun 9/10</b>
<i>Winter Uniform Changeover</i>	<i>St John's Advisory Council Meeting</i>	<i>Year 5 &amp; 6 Canberra Camp</i>	<i>Year 5 &amp; 6 Canberra Camp</i>	<i>Year 5 &amp; 6 Canberra Camp</i>	
<b>Week 7 Term 2</b> <b>Mon 11 June</b>	<b>Week 7 Term 2</b> <b>Tues 12 June</b>	<b>Week 7 Term 2</b> <b>Wed 13 June</b>	<b>Week 7 Term 2</b> <b>Thurs 14 June</b>	<b>Week 7 Term 2</b> <b>Fri 15 June</b>	<b>Week 7 Term 2</b> <b>Sat/Sun 16/17</b>
<i>Queen's B'Day NO School</i>	<i>ICAS – Spelling 8am</i>		<i>ICAS – Writing 8am</i>		<i>School Parish Mass Yr 1 &amp; 3 5pm</i>

## IMPORTANT DATES FOR THE DIARY

### **Mon 18<sup>th</sup> June**

123 Magic and Emotion Coaching

### **Mon 25<sup>th</sup> June**

123 Magic and Emotion Coaching

### **Sat 30<sup>th</sup> June**

Confirmation 10:30 & 2pm

### **Mon 2<sup>nd</sup> July**

123 Magic and Emotion Coaching

### **Fri 6<sup>th</sup> July**

Last Day of Term 2

### **Wed 25<sup>th</sup> July**

Term 3 Commences

## AWARDS



**\*\*\*PLEASE NOTE – THE HALL IS CURRENTLY UNAVAILABLE. AWARDS WILL BE PRESENTED IN CLASSROOMS\*\*\***

<b>KC</b>	Mitchell K James S Lincoln T	<b>2R</b>	Skye B Melissa B Jimmy J	<b>4SC</b>	Jonathan B Xavier S	<b>Sport</b> Heidi K (2N) Sophie M (3B)
<b>KG</b>	Alessandro C Hannah F Imogen S	<b>3B</b>	William B Emma H	<b>5D</b>	Tasman H Maurice J Antonio K	
<b>1B</b>	Joshua D Livia D Hunter H	<b>3O</b>	Christopher A Zachary C	<b>5NF</b>	Emma B Lucas D Holly D	<b>Library</b> Giselle L (2N) Nicholas L (3R)
<b>1G</b>	Emery H Mia S	<b>3R</b>	Victor K Neeve S	<b>6DI</b>	Isabella M Nikita M	
<b>2N</b>	Jeremy B Heidi K Lachlan M	<b>4B</b>	Christian C Charlotte C Khyla M	<b>5/6B</b>	Krish R	

## SPIRITUAL NEWS

### SCHOOL PARISH MASS

Year 1 & Year 3 are preparing to take on ministries at our next School Parish Mass on

**Saturday 16th June at 5pm**



Everyone is welcome to join us – in fact we WANT everyone to join us at every School Parish Mass. We would love it if families would commit to attending church at least once or twice every term.

We are hoping that lots of people from the choir and lots of musicians will join Yr 1 & Yr 3. Mr Frazer has a new song we are going to be learning!

We will put our sausage sizzles on hold over winter and begin again when the weather gets warmer.

**Confirmation Preparation Groups begin this weekend.**

All groups meet at 4pm at St John's or 5pm at St Kevin's on Saturdays and at 9am at St John's on Sundays so that families can go to mass afterwards.

Mary Baldwin will have a list of names and where each group will be meeting, on display before the first meeting eg: Narraweena Saturday 3:50 outside of the hall; Dee Why Saturday 4:50 at the hall (under St Kevin's school) and Narraweena Sunday 8:50 outside of the hall. Please feel free to contact Mary if you have any questions 0421904114 or [baldwin.mary.50@gmail.com](mailto:baldwin.mary.50@gmail.com)

**SCHOOL NEWS**

**YEAR 3-6 GALA DAYS – PLEASE COMPLETE**



This term the Year 3-6 children will have the opportunity to choose from 3 sports for their Gala Days; Netball, AFL and Rugby League. These are held in the last week of term.

All Yr 3-6 parents need to complete the online permission form for their child to attend the day; including information on transport options to and from the events. It is a regular school day, so it is expected that children attend the day.

Please click on the link below to complete the form (it has also been saved on the 3-6 home pages on the Weebly):

<https://goo.gl/forms/iDftQBRsMDpQkeGA2>

**SPORTING STARS**

Congratulations to all the St John's competitors at last Tuesday's Broken Bay Cross Country. They were all great ambassadors for our school. On a near perfect day we had 17 runners represent with great results. A special congrats to Ella D (Year 5) who has made it through to Polding at Eastern Creek. We wish her the best of luck.

We have also received word that Charlotte C in Year 4 has made the Polding Softball Team. Congratulations Charlotte!



## NIGHT OF THE NOTABLES

What a star-studded night! We can't imagine how proud the parents of our Yr 5 & Yr 6 students must feel! We're only their teachers and we are bursting with pride! Congratulations to all of our notables for the amazing work that went into making it such an incredible night. Animotos are in preparation.

### *Year 5 & 6 teachers*



## LIBRARY NEWS

## ENTRY CAN ALSO BE USED FOR FR VOGT WRITING COMPETITION

### WRITEON COMPETITION



WriteOn is an annual writing competition open to all NSW primary students in Years 1 to 6. It can be used as a whole-class teaching activity or as an individual project. The competition supports the learning described in the [NSW English K-10 Syllabus](#).

WriteOn provides students with the opportunity to become published authors. Outstanding entries are published in the [Best of WriteOn anthology](#).

**WriteOn 2018** The competition closes 4 July 2018.

The WriteOn 2018 writing competition is NOW OPEN.

Students in Years 1 to 6 compose an imaginative text up to 500 words in length using an image as stimulus. Entries are to be submitted using the [online entry form](#). Before entering, please read the competition guidelines.

For more information including success criteria click [here](#)



We have lots of new books in the library if you are able to help with covering them we will provide the contact you need. Just pop into the library or ask at the office and we will send home a bag with the books and contact.



# The P&F Gazette

News and info from YOUR Parents & Friends Association

## Crunch Time Canteen Update!

**We're now open for lunch orders and over the counter lunch time sales  
4 days per week!** (closed on Tuesdays only)



Our new hot food menu is available each day, with **Butter Chicken, Bacon Pasta Carbonara, Bolognaise Pasta Bake & Chicken mini rissoles with Mac and Cheese** to choose from.  
And remember we have **sushi** available **each Monday and Wednesday**

Can you spare an hour or two each term to help? – if you can, please fill out the **Call Out for Canteen Volunteers** form and return to the school office asap – we'd love to have you on board, and it's lots of fun too!

## ST JOHN'S FETE – SAVE THE DATE!

**Saturday 3rd November 10am - 3pm**  
**It's time to GET EXCITED!**

Entry will be open to our whole local Northern Beaches community, with exciting rides, raffles, competitions, merchandise & foods stalls to enjoy.

### PRIZES NEEDED

Can your family or business donate a prize for the raffle? Do you know anyone else who could?  
Would your business be interested in holding or supporting a stall?  
If so, please let us know via the link <https://goo.gl/forms/wvU8YUoXZUG3JYhD2>  
or email us at [stjohnspandfassociation@gmail.com](mailto:stjohnspandfassociation@gmail.com)



## School Uniform Shop News – Fabulous Bargains just in time for Winter!

**Boy's Winter pants only \$6**

**Girl's winter shirts only \$6**

Preloved clothing in excellent condition!

Visit Linda in the School Canteen 8.30 – 9am Friday mornings & 2.30 – 3pm Friday afternoons.

**The Entertainment Book –  
now available at St John's!**



The Entertainment Book has over a **thousand** vouchers for all of Sydney and surrounds!  
Visit <https://www.entertainmentbook.com.au/orderbooks/94u9722> to find out more.  
You can purchase either the book or digital membership, valid from 1st June 2018.  
\*Hint, with the book it's easier to share your vouchers with others 😊

Warm regards

Bel, Pip, Jo, Russell & Caroline



Karen Ingram and Jenene Kipa have been working on a girls Active wear business KIKA for over 4 years now and finally it has launched!



We have based our products on quality and affordability and both being active mums ourselves are very passionate about keeping girls in sport! Please check out our website [www.kikaactive.com.au](http://www.kikaactive.com.au) in which 6 of these girls all went to St Johns and check out our KIKA Movement to empower young girls!

### Live Life Well @ School

#### FUNDAMENTAL MOVEMENT SKILLS

There are 12 key skills children need to participate successfully in all types of games, physical activity and sports. Here is one: **CATCH**

- Eyes focused on the object throughout the catch
- Feet move to place the body in line with the object
- Hands move to meet the object
- Hands and fingers relaxed and slightly cupped to catch the object
- Catches and controls the object with hands only (well-timed closure)
- Elbows bend to absorb the force of the object

Demonstration: Search 'Get Active Catch' on Youtube

### Live Life Well @ School

#### HEALTHY LUNCH BOXES

Check out the Cancer Council NSW's Healthy Lunch Box website to help parents and kids plan and pack a healthy lunch box.

The interactive lunch box builder can be used at home or on the move with a smartphone or tablet.

Visit [www.healthy lunchbox.com.au](http://www.healthy lunchbox.com.au) to pack a quick and healthy lunch box today!

### Live Life Well @ School

#### GO4FUN

**Go4Fun**  
HEALTHY ACTIVE HAPPY KIDS

GO4FUN IS A FREE TEN WEEK HEALTHY LIFESTYLE PROGRAM FOR KIDS AGED 7-13 YEARS WHO ARE ABOVE A HEALTHY WEIGHT.

Sessions run once a week for two hours after school, during school term. The program is run by a trained and qualified health professional.

For more information: [www.go4fun.com.au](http://www.go4fun.com.au)

### Live Life Well @ School

#### Carrot Cupcake Recipe

Ingredients: (makes 15 cupcakes)

- 2 cups grated carrot
- 1 cup self-raising wholemeal flour
- 1 cup self-raising white flour
- 1 teaspoon ground cinnamon
- 1 teaspoon ground ginger
- ½ cup soft brown sugar
- ¼ cup vegetable oil
- 1 egg, lightly beaten
- 1½ cups buttermilk or milk

**Method**

1. Pre-heat the oven to 190°C.
2. Place grated carrot into a large bowl, sift in the flours, add cinnamon, ginger and brown sugar and mix well.
3. Combine the vegetable oil with the eggs and milk, pour this mixture into the dry ingredients and blend until just combined.
4. Grease muffin tins and place patty cases into tins.
5. Fill the patties ¾ full with the mixture, bake for 20 minutes or until golden brown.

### Live Life Well @ School

#### R-E-D-U-C-E daily screen time!

Balance screen time with active play for strong, fit and healthy bodies!

For children aged 6-12 years; no more than 2 hours of screen time per day.

**Tips:**

- Encourage outdoor or active play
- Make meals and snack 'screen free times'
- Make bedrooms 'screen free zones'
- Have 'screen-free' time periods during the day

Try to keep these habits even during holidays!

More Information: [healthykids.nsw.gov.au](http://healthykids.nsw.gov.au)

### Live Life Well @ School

#### Practice these catching games

**Bean Bag Drop**

- Stand 1m away facing the child.
- Hold a bean bag in each hand at about eye height.
- Drop 1 bag
- The child tries to catch it before it hits the ground.

**Sevens**

- Throw a tennis ball against a wall and catch it.
- Increase the difficulty of each throw and catch (incl. left hand, bounces)
- First throw and catch is done once, 2nd throw and catch do twice, continue until the 7th throw and catch 7 times  
e.g., 1 x 2 hands, 2x right hand, 3 x left hand, 4 x one bounce, 5 x 2 claps and catch etc.

**Shrink and Grow**

In pairs, take 10 catches in a row. Take a step back and repeat. If the ball is dropped, go to one knee, drop a second time, go to 2 knees, third drop – sit. A successful catch allows the catcher to come back up in reverse order.