

**Northern Beaches Cluster of Catholic Primary Schools
Athletics Carnival
Order of Events**

- The carnival convener reserves the right to alter the carnival program if necessary.
- Field events will progress in order as each age group is completed.
- TRACK events take priority over FIELD. Go to your track event and then back to Field event.
- The 200m and 800m are timed finals.

<u>EVENT NO.</u>	<u>TRACK</u>	<u>FIELD</u>
		<u>High Jump</u>
1	Junior Girls 800m	Junior Boys
2	Junior Boys 800m	Junior Girls
3	11 year Girls 800m	11 year Girls
4	11 year Boys 800m	11 year Boys
5	Senior Girls 800m	Senior Boys
6	Senior Boys 800m	Senior Girls
7	8 year Girls 100m	<u>Discus</u>
8	8 year Boys 100m	11 year Boys
9	9 year Girls 100m	11 year Girls
10	9 year Boys 100m	12/13 years
11	10 year Girls 100m	12/13 years
12	10 year Boys 100m	Junior Boys
13	11 year Girls 100m	Junior Girls
14	11 year Boys 100m	<u>Shot Put</u>
15	12-13 year Girls 100m	12/13 years Boys
16	12-13 year Boys 100m	12/13 years Girls
		Junior Boys
17	Junior Girls 200m	Junior Girls
18	Junior Boys 200m	11 year Boys
19	11 year Girls 200m	11 year Girls
20	11 year Boys 200m	<u>Long Jump</u>
21	12/13 years Girls 200m	12/13 years Girls
22	12/13 years Boys 200m	12/13 years Boys
23	100m finals	11 year Boys
24	Junior Girls Relay	11 year Girls
25	Junior Boys Relay	Junior Boys
26	Senior Girls Relay	Junior Girls
27	Senior Boys Relay	

Carnival Sporting Code

Correct sporting attitudes towards other officials and competitors are promoted.

There is no place for criticism that diminishes the spirit and generosity of teachers, parents and competitors. Competitors are asked to do their best and contribute in building a friendly, positive and enjoyable atmosphere.

Protests

Protests shall be dealt with by the **Disputes Committee** consisting of carnival manager, referee, and relevant event official. No protest shall be considered unless lodged by the school's team manager who must be a teacher with the committee within 15mins of the conclusion of the event. Any further appeal following the conclusion of the carnival must be from a teacher, in writing to the Diocesan Primary Sport Co-ordinator.

Spectators are not permitted in the recording room.

Rules

- Spikes may not be worn in the **800m** due to packed starts (footwear must be worn at all times). Spikes **ARE NOT** to be put on in the **STANDS**, they must be carried to marshalling area and put on there. Spikes are allowed in all other track events (including relays).
- **Finals placings** will be taken as follows: The **first** competitor in each heat in the 100m will advance to the final. The rest of the final will comprise of the next fastest times in each age division. The **100m** final will have **8** competitors. The **800m and 200m** events are **timed finals**.
- Teachers, volunteers and children need to listen carefully when the Finals list is announced.
- All competitors and spectators are asked to adhere to The Carnivals Sporting Code, mentioned above.

Carnival Information

The Carnival times are:

8:30am SHARP-2:30pm for the field events

9:30am SHARP-2:30pm for track events.

There will be 3 calls by the announcer for each event. Please ensure that the children proceed promptly to the marshalling area.

Note: It is the responsibility of each school to ensure that competitors are at the correct marshalling area. If competitors are required to be at two events at the same time, the **track event** takes precedence over the field event.

Thank you to all the **competitors** for entering into the spirit of today so enthusiastically.

Thank you to all the **parents** who assisted in the multitude of tasks and jobs that needed to be done. Without your support, we wouldn't be able to run days like today. Thank you to all the parents for supporting and encouraging their children.

Thank you to the **staff** from all the schools who worked long and hard coordinating, supporting, organising and emailing. Your efforts are greatly appreciated and highly valued by everyone here today. Special mention and appreciation needs to be extended to the **Sport's Co-ordinators** from each school. We **KNOW** how much extra work is involved in this task and that the children really benefit from your extended hours of work.



Diocese of Broken Bay Primary School Sports Council

ATHLETICS

CLUSTER CARNIVAL RULES

SCHOOL/CLUSTER SEATING

Students are required to sit in the allocated seating area. Any out of bounds restrictions must be observed.

ENTRIES

Each school is eligible to enter three (3) competitors per 100m event and two (2) competitors per all other individual events and one team in each relay event.

AGE DIVISIONS

Age is determined according to year of birth and is age as at the 31st December of the current year. No competitor may compete out of their age group. Children under 8 years of age in the current year are not eligible to compete.

EVENTS

Events are conducted in boys and girls divisions. The carnival manager reserves the right to alter the program if necessary.

UNIFORM

All competitors must compete in their school sports uniform at the Cluster and Diocesan Carnivals. Plain black, white, neutral or school colour compression garments may be worn underneath the school uniform.

FOOTWEAR

Shoes are compulsory. No competitor will be allowed to participate in an event without suitable footwear. Spikes may be worn in track events run wholly in lanes (i.e. 100m, 200m, circular relays) and jumps events.

Where the carnival is held on a synthetic track, the following spike lengths apply:
7mm track events, 9mm jumps events

STARTING BLOCKS

The use of starting blocks is optional at cluster and diocesan carnivals. At some venues, only starting blocks supplied by the venue may be used.

Some venues may enforce the use of starting blocks for competitors choosing to wear spikes. Competitors must ensure that they check the rules as applicable at the individual carnival/venue.

COACHING

Parents, coaches and unauthorised persons are not permitted in the competition area at any time. Once competitors are in the hands of the officials controlling the event they shall not leave the competition area without the permission of the event official. Electronic devices are not permitted in the marshalling or competition areas.

PROTESTS

Protests shall be dealt with by the Disputes Committee consisting of carnival manager, referee and relevant event official. Protests must be lodged by the Team Manager (who must be a teacher) with the Committee within fifteen (15) minutes of the conclusion of the event or posting of official results.

Any further appeal following the conclusion of the carnival must be from a teacher, in writing, to the Diocesan Primary Sport Coordinator.

HEATS and FINALS

Heats are to be as per program.

Finals are to be as arranged by the Carnival Manager in the following manner:

100m - Where there are more than two heats, first place from each heat plus next fastest times to complete the field.

200m and Relays - Only one round will be held. Heats are a timed final.

RIBBONS – Place getters will be awarded ribbons for each event FINAL

POINT SCORE - School team points will be accumulated as follows:

INDIVIDUAL EVENTS	Finalists (points are not allocated for heats)
	1st place - 10 points
	2nd place - 8 points
	3rd place - 7 points
	4th place - 6 points
	5 th place - 5 points
	6 th place - 4 points
	7 th place - 3 points
	8 th place - 2 point

RELAYS The point score will be double that for individual events.

	1st place - 20 points
	2nd place - 16 points
	3rd place - 14 points
	And so on to 8 th place

ATHLETE OF THE MEET

This will be awarded to the boy and girl with the overall highest points accumulated. The runner up will also be awarded. Points will be awarded as above for individual events only.

PROGRESSION TO THE DIOCESAN CARNIVAL

The first four place getters in each individual event and the first and second relay teams will progress to the Diocesan Carnival. Following the completion of the cluster carnivals the fastest third placed relay team in each event will be invited to compete at the Diocesan Carnival.

RULES –TRACK EVENTS

For events run in lanes, competitors must run wholly within the allocated lane. Competitors leaving their lane causing interference to another athlete or shortening the distance to be covered may be disqualified.

PLACEGETTERS

At the completion of each race competitors must return to the finishing line in their respective lanes until places are confirmed

Where manual timekeeping is used judges (not timekeepers) will determine places.

Where automatic timing such as timing gates are used the automated results will determine places except in any instance where the operator or referee believes that there has been a malfunction in which case judges or the referee will determine places.

FALSE STARTS

A competitor causing a *false start* shall be warned the first time.

Any competitor causing a second false start in the race shall be disqualified.

Only one false start per race shall be allowed.

RELAYS

The person receiving the baton may commence running not more than 10 metres (acceleration zone) before the "take-over zone" of 20 metres.

The baton changes, however, must take place within the take-over zone.

The take-over zone is 10 metres in front and 10 metres behind each starting point.

A team shall be disqualified if:

- (i) Any of their runners does not remain in their allotted lane or if after handing over the baton a runner impedes a member of another team by running out of their lane.
- (ii) The baton change is not completed in the 20 metre change-over zone. The passing of the baton is completed the moment it is in the hand of the receiving runner only. It is the **position of the baton** only within the changeover zone that is decisive, and not the position of the body or limbs of the competitors.

Check marks may be made within a competitors own lane using tape. Chalk or similar substances may not be used.

If the baton is dropped it must be recovered by the competitor who dropped it. The runner may leave their lane to retrieve it provided no other competitor is impeded.

A boys' team must consist of 4 boys in the stated age group from one school.

A girls' team must consist of 4 girls in the stated age group from one school.

RULES - FIELD EVENTS

DISCUS and SHOT PUT

Each competitor may have three (3) throws in rotation. Places will be decided according to the best throw of each competitor. In the case of a tie, places will be decided by the next best throw of the competitors involved with the tie.

Competitors shall use the equipment supplied. Weights of implements are as follows:

Discus:

Junior: 500gm 11yrs:750gm 12/13 years:750gm

Shot:

Junior: 2 kg 11yrs: 2 kg 12/13 years: 3kg

LONG JUMP

Each competitor shall have three (3) qualifying jumps in rotation. Places are decided by the best jump of each competitor. In the event of a tie, the relative placings shall be decided by the next best jump of the competitors involved with the tie.

A white take off board shall be used. The edge of the board which is nearer the landing area shall be the take-off line.

A competitor fails if he/she;

- (i) touches the ground beyond the take-off line with any part of his body.
- (ii) walks back through the landing area after completing his jump
- (iii) employs any form of somersaulting

HIGH JUMP

Competitors may have three (3) attempts in rotation of each height. Three successive failures shall exclude a competitor. The competitor shall take off from one foot.

A competitor fails if he touches the ground including the landing area beyond the plane of the uprights without first clearing the bar.

Competitors shall have a maximum of one minute when name is called or a jump will be registered. This time limit is extended to one and a half minutes when less than three competitors remain.

In the event of a tie the best record on count back shall decide the place winners.

- The competitor with the lowest number of jumps at the height at which the tie occurs shall be awarded the higher place.
- If the tie still remains, the competitor with the lowest total of failures throughout the competition up to and including the height last cleared shall be awarded the higher place.
- If the tie still remains, the competitors shall be awarded equal places as there may be insufficient time at cluster and diocesan carnivals to hold a jump off to decide ties for first place.